

MENU 1

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

French Toast	Jelly Biscuits	Cinnamon or Cheese Toast	Waffles	Cereal
Yogurt	Peaches	Fresh Apples	Apple Sauce	Fresh Bananas
Milk	Milk	Milk	Milk	Milk

Lunch

Meat Loaf	Turkey Hot Dogs	Mac and Cheese	Fish Sticks	Cheese Pizza
Mashed Potatoes	Corn and/or Beets			
Cranberry Sauce	Pineapple	Fruit Cocktail	Carrots	Pears
Rolls	Rolls	Vegetable Medley	Mandarin Oranges	Green Beans
Milk	Milk	Milk	Milk	Milk

Snack

Tortilla Chips / Goldfish	Cheese Crackers	Rice Cakes	Wheat Thins	Animal Crackers
Cheese Sauce	Oranges	Apple Sauce	Sliced Cheese	Cranberries

MENU 2

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Pancakes

Blue Berry Muffins

Hash browns

Grits

Eggs or Toast

Apple Sauce

Peaches

Fresh Grapes

Fresh Apples

Fresh Bananas

Milk

Milk

Milk

Milk

Milk

Lunch

Chicken Nuggets

Cheeseburgers

Shrimp (2-5)
Mac and Cheese
(Infants -Toddlers)

Vegetable Beef
Soup

Cheese Lasagna

Squash

In Bun
Broccoli with
Cheese

Fruit Cocktail

Crackers

Mandarin Oranges

Pears

Cranberry Sauce

Vegetable Medley

Pineapple

Mixed Green Salad

Milk

Milk

Milk

Milk

Milk

Snack

Veggie Straws

Cereal

Ritz Crackers

Graham Crackers

Fruit Newtons

Raisins

Bananas

Yogurt

Banana Chips

Fresh Cut Up
Grapes

MENU 3

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

French Toast	Jelly Biscuits	Cinnamon or Cheese Toast	Waffles	Cereal
Yogurt	Peaches	Fresh Apples	Apple Sauce	Fresh Bananas
Milk	Milk	Milk	Milk	Milk

Lunch

Meat Loaf	Turkey Hot Dogs	Mac and Cheese	Chicken	Beef Ravioli
Mashed Potatoes			w/ Rice	
Cranberry Sauce	Pineapple	Fruit Cocktail	Mandarin Oranges	Pears
Rolls	Corn and/or Beets	Vegetable Medley	Carrots	Green Beans
Milk	Milk	Milk	Milk	Milk

Snack

Tortilla Chips / Goldfish	Cheese Crackers	Rice Cakes	Wheat Thins	Animal Crackers
Cheese Sauce	Oranges	Apple Sauce	Sliced Cheese	Cranberries

MENU 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes	Blue Berry Muffins	Hash Browns	Grits	Eggs or Toast
	Apple Sauce	Peaches	Fresh Grapes	Fresh Apples	Fresh Bananas
	Milk	Milk	Milk	Milk	Milk
Lunch	Spaghetti	Turkey w/ Gravy	Shrimp (2-5)	Breaded Chicken	Beef and Cheese
	W/ Meat Sauce	Mashed Potatoes	Mac and Cheese (Infants - Toddlers)	Nuggets	Tacos
	Green Beans	Cranberry Sauce	Fruit Cocktail	Pineapple	Pears
	Mandarin Oranges	Rolls	Vegetable Medley	Broccoli and Cheese	Corn and/or Beets
	Milk	Milk	Milk	Milk	Milk
Snack	Veggie Straws	Cereal	Ritz Crackers	Graham Crackers	Fruit Newtons
	Raisins	Bananas	Yogurt	Banana Chips	Fresh Cut Up Grapes